



§ ANJEEVANI SOCIAL WELFARE SOCIETY VARANASI



ANNUAL REPORT 2019-2020



LET US SHARE HAPPINESS

General Secretary's Message

Dear Friends and Well Wishers.....

Once again it is our pleasure to present Annual Report 2019-2020 to share the information of our activities, achievements & experience gained in the process of our philanthropic program of Healthcare and Education sectors.

This year also at "Sanjeevani Healthcare Unit" has done over 55 free corrective surgeries of the congenital disabled children. From the beginning a total of over 700 free corrective operation of Divyang have been performed. Additionally Physiotherapy, Yoga, Music & Dance Therapy are provided for better rehabilitation. We have started Play Therapy also.

At "Sanjeevani Bal Vidya Mandir", Suarsoat a lot of development work has been done besides construction of another floor with a guest room & toilet and Ashram –like 04 rooms with rooftop tiles has been built. Desk and Benches has been provided to every class.

Our unit at New Delhi "Aashirwad Special Education School for Mentally Retarded Children" has organized many social & awareness activities. At the centre, Special education and vocational training is also given by experts to 100 marginalised children.

"Sanjeevani Social Welfare Society" has completed 20 years of dedicated service to the needy, deprived & marginalized children both in the Healthcare and Education Sectors. We are planning to build an "Advanced Therapy Centre" for Disabled children especially for Cerebral Palsy.

It was once again, a year of hectic journey and as an organization it was our endeavour to make greater meaningful role to all the stakeholders.

We express our sincere gratitude and heartfelt thanks to the members of Morning Light, Switzerland Mr. Moti Asnani, President, Mrs. Silvia Ulrich, Vice President & Mrs. Johanna Gnos for her special visit to School and Healthcare unit to meet the beneficiaries and also to all those who helped and guided us to achieve this height.

Thanks

Dr. Vidya Sagar Pandey

**“ मैं किसी से बेहतर करूँ क्या फर्क पड़ता है
मैं किसी का बेहतर करूँ बहुत फर्क पड़ता है ”**

International YOGA Day Celebration 2019 by children of Sanjeevani.

" योग दिवस" के उपलक्ष में संजीवनी हेल्थ केयर यूनिट के दिव्यांग बच्चों तथा "संजीवनी बाल विद्या मंदिर" के बच्चों ने योग प्रस्तुत किया ।

“ करें योग
रहें निरोग “



Here at *Sanjeevani Health Care Unit* special children are doing Yoga under the supervision of Yoga teacher Sri Manoj Kumar Mishra & children of *Sanjeevani Bal Vidya Mandir* are also doing Yoga at School.

ACTIVITIES

Health & Medical Camps are held regularly at different villages with main thrust to promote Awareness on health related issues like Personal Hygiene, use of Sanitary Pads, Proper Sanitation, Cleanliness and methods to minimise the effect of Malnutrition & Disability especially Mental retardation and Cerebral Palsy. In the medical camps Eye check up of poor villagers & school children are also done.



To avoid Iodine deficiency and to promote intake of Iron, Calcium, Folic Acid, Zinc & Magnesium etc. Health tips to take care during pregnancy for betterment of mother & child are being conveyed regularly in camps to minimise the disability. Almost 500-600 people are seen in a camp. Total 19 camps are held, around 10000 people are seen & so many got benefitted. Medicine is

distributed to patients who require.

After survey of 28 villages (3180 houses) it was found that the main limitation of the poor people is [1] Improper Sanitation [2] Malnutrition [3] Addiction [4] Skin Diseases etc.



Among the poor people at the camps, women need proper care and support especially pregnant women and growing children, but there was limitation for the organization to supplement Mineral, Micronutrients, Iron preparation, Vitamins & de worming medicines etc.

सोसाइटी के द्वारा विभिन्न गावों में जाकर जागरूकता एवं मेडिकल शिविर लगाकर गरीब लोगों को स्वच्छता, शौचालय का इस्तमाल करना तथा कुपोषण से बचने के बारे में बताया जाता है, ताकि विकलांगता को कम किया जा सके। महिलाओं को सेनेटरी पैड का इस्तमाल करने की सलाह दी जाती है इसके साथ ही शारीरिक परीक्षण एवं आँख परीक्षण भी किया जाता है। जरूरतमंदों को दवाईयाँ भी बांटी जाती हैं।



कोविड-१९ (कोरोना) जैसी भयानक लक्ष्मणवापी महामारी के कारण लाखोंखान २ से गुजर रहे आधुनिक काल में संजीवनी सोशल लैंगफेयर सोसाइटी द्वारा आज पच्चीसवें दिन पूरी दुइता से अपना कदन आज बहाते हुए वाराणसी के नगावा और अस्सी क्षेत्र वाले १२९ गरीब, असहाय, जरूरतमंद और लहास्ता क्षेत्र में रहने वाले दयनीय तीन दिव्यांग परिवारों के लिए लगभग दस दिन की जरूरत पूरी करने वाले राशन किट का वितरण किया गया। राशन किट में आटा, दाल, चावल, तेल, नमक, मसाले, हल्दी, आदि सामग्री प्रदान की गई। लोगों को सहीपैदाइजर मार्गक और कोरोना बीसी भयावक और कठिन महामारी से संभाव्य के उपाय वाले महामारी का वितरण कर आगुलक किया गया। इसके साथ ही आज भी ७०० फेकटें बने बायार भोजन का वितरण जरूरतमंदों, असाहाय परिवार गरीबी और दिव्यांग जनों के

बीच किया गया। राशन वितरण का कार्य सोसाइटी के महासचिव और महाक्षेत्र हास्पिटल के डायरेक्टर खंडेकर विद्यासागर पांडे, मीडिया प्रभारी दिवाकर दिवेदी, सोसाइटी के संसलिकत कियेकत कर्नैया केसेरी और भवू भूषण पांडे ने किया। अन्य भाव से नर सेवा नारायण सेवा केसंकल्प के साथ निकले मनोज अग्रहार, महेश मीरा, संजय शुभ, जितेंद्र यादव, उमाशंकर यादव, सोनू यादव, चंदेरा पांडे, मनोज चौरसिया, अशोक कुमार पांडे, सुधीर शर्मा आदि द्वारा सोसाइटी क्रय करने उसे बनाने, पैककन करने और वितरण करने के कार्य पूर्वतन आज भी जारी रहा।



राधासायनी : संजीवीनी राधासायनी वेलकनर सम्राट्हाडी की ओर से शनिवार की अरबसी वा लंका ब्रॉड गेज के 40 परिवारों को राधान सम्राठी ब्रॉड गेज में वाद संस्था बतौते 25 दिनों से जनता की सेवा में पीपी तनमयाते से जुड़ी है। जो राधान बतौते है उससे अनुमान है कि इन परिवारों की करीब 10 लक्ष की जरूरत पूरी हो जाएगी। आटा, दाद, घायल, तेल, मसल, मसाला, हलदी के अलावा पलिक के बीज

LIFE CHANGING ACHIEVEMENTS OF SOME SPECIAL CHILDREN

THROUGH YOGA & PHYSIOTHERAPY

Riya

From the childhood she could not put her steps evenly while walking, she had a clumsy throwing movement. But by attending regular Physiotherapy and Yoga Classes, now a great change has come. She is able to walk without support & with not much of throwing movement. She also attends School regularly.



Shanvi

From the beginning Shanvi was unable to stand or walk having weakness in her limbs. After regular Physiotherapy & Yoga now she can walk with little support and a lot of improvement is seen. Her life has greatly changed. She goes to school regularly.



THERAPIES

Therapies are continuously being provided to improve the problem of Divyang children who have been operated or suffering from other disability like CP or MR so that they could become self reliant & free from discrimination.



PHYSIOTHERAPY



YOGA



PLAY THERAPY



DANCE THERAPY

जरूरत के हिसाब से प्रत्येक दिव्यांग बच्चे, जिनका ऑपरेशन हुआ हो या जो CP के बच्चे हैं, उनको विभिन्न थेरेपी दिया जाता है। हम फिजियोथेरेपी, योग, म्यूजिक, प्ले एवं डांस थेरेपी लगातार देते हैं ताकि इन बच्चों को स्वस्थ होने में सहायता मिले।

Sanjeevani Bal Vidya Mandir, Suarsoat

The journey of school “ Sanjeevani Bal Vidya Mandir “ began 20 years back at a remote village inhabited by poor Tribal people. In the beginning it was an open air school, gradually with the support of Morning Light, Switzerland the school building was constructed with all basic amenities. Now around 400 needy & deprived tribal children are studying. We try to give good quality of education. We have very systematic teaching schedule, every teacher is responsible & teaches in the right prospective. During this period school achieved the distinction of having good quality of education among all the surrounding schools. Computer education for Digital Skill development is compulsory for all students. School takes the responsibility to promote the sense of Social Responsibility in the children.



The children from very poor family background and having least interest in education or From the family of poor farmers are motivated to come to school. Among them, women of some family pick fire wood from the jungle for cooking purpose. Among all the students many belong to these groups.



**LIFE CHANGING ACHIEVEMENTS OF SOME SPECIAL CHILDREN WHO ARE
OPERATED**

Md. Sabit



With his disability, this child could not be able to bear the burden in life when grown up. But after Corrective operation followed by Physiotherapy & Yoga, now he has a changed life and is capable of doing all kinds of work.

Reeshu



This blessed child Reeshu was operated for his disability. His parents are very poor and not able to bear the expense of treatment. Reeshu has recovered completely now and has become a normal child. He is more playful now than before. His life is totally changed.



संजीवनी सोशल वेलफेयर सोसाइटी द्वारा समय समय पर दिव्यांगजनों के साथ खुशियां बांटते हुए विभिन्न कार्यक्रम का आयोजन किया जाता है। जैसे विश्व योग दिवस, स्वतंत्रता दिवस, गणतंत्र दिवस, होली मिलन और मकर संक्रान्ति आदि समारोह में बच्चों को मिठाइयाँ, गुलाल, पतंग, गुब्बारे, खिचड़ी आदि त्योहारों के अनुसार दिया जाता है।



Sanjeevani organise different Social activities round the year with Divyang children & share Happiness with them. Programmes like World Yoga Day, Holi Milan, Makar Sankranti, Independence Day and Republic Day etc are celebrated. Children participate and enjoy with full enthusiasm. At School, Saraswati puja, Yoga Day is celebrated & Republic Day Parade is held.



Dedicated to Morning Light, Switzerland

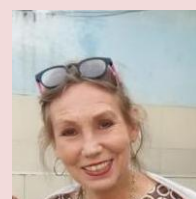
“Sanjeevani Social Welfare Society” will always remain grateful & thankful to Morning Light, Switzerland, for their generous contribution and active support to the development of “Sanjeevani Bal Vidya Mandir” at Sonebhadra, a school for the poor & needy tribal children and also for their support in changing lives of poor disabled children (physically and mentally challenged CP children) through corrective surgery, Physiotherapy, Yoga Therapy, Play therapy etc. at “Sanjeevani Health Care Unit” Varanasi.

We feel honoured to pay our special thanks to:

Mr. Moti Asnani (President) His continuous endeavour to support “Sanjeevani Social Welfare Society” in the development of School and special children has always given us strength to perform better. His interest in promoting Awareness & Health check up Camps through which village people could be educated to lead a better and healthy life. We value your patronage and appreciate your confidence in us.



Madam Johanna Gnos (Member of Board of Directors) visited Varanasi and Sonebhadra last year with Mr. Moti Asnani. She showed great interest in the special children of hospital and the children of school. We were very much impressed by her response & initiative. She is responsible for all the internal activities of Morning Light.



We also extend our heartiest gratitude & thanks to **Madam Sylvia Ulrich** (Vice-President) Morning Light, **Mr. Santosh Kumar** (Coordinator) and all the members of Morning Light, Switzerland.

We would also like to pay our sincere thanks to **Mr. Diwakar Dwivedi, Mr. Sashi Prakash Mishra, Mr. Ashish Agarwal, Dr. Rajendra Prasad Srivastava and many others.**

Our sincere gratitude to Hon'able **Shree Kalraj Mishra** (Governor, Rajasthan). He has great love & respect for disable people (Divyang) and is very much concerned and dedicated to the welfare of the disable children.



Role of Sanjeevani in Corona Pandemic

कोरोना महामारी के चलते लॉकडाउन की घोषणा होने के तत्काल बाद से ही वाराणसी में विभिन्न स्थानों पर निवास करने वाले निराश्रित, गरीब और असहाय लोगों को सेवा भाव से 1000 से 1200 भोजन के पैकेट का वितरण किया गया। इसके अलावा मास्क, सैनिटाइज़र, टोपी, सूखा राशन किट आदि बांटा गया। पम्पलेट के द्वारा कोरोना से बचाव के लिए जानकारी भी दिया गया। सोनभद्र में सूखा राशन किट, पीपी0ई किट, ग्लव्स, मास्क, सैनिटाइज़र आदि बांटा गया।



Sanjeevani's role during Corona Pandemic in providing daily 1000 to 1200 food packets and distribution of masks, sanitizers, gloves, Dry Ration Kits to the needy, helpless daily labourers, beggars and homeless people. Also spreading Awareness through Pamphlets on how to protect oneself from Corona Virus.