

SANJEEVANI SOCIAL WELFARE SOCIETY

ANNUAL REPORT

(2016 - 2017)

General Secretary's Report

This gives me immense pleasure to complete another year of our dedicated services. Our activities are especially centred around services to the poor, marginalised, disabled (Divyang) and mentally challenged children. During this long journey, we feel delighted to receive encouragement and blessings from many quarters. It was a journey full of challenges and struggles. Time has enthused in us, the spirit of hard work, enabling us to realise the role we are playing, to keep pace with this fast changing world and spot new avenues to redefine the role of our organization.



Like earlier years, this year also we did our best to rehabilitate physically challenged poor children through corrective surgery and physiotherapy. This year, we were privileged enough to receive the blessing and support of Hon'able Minister Sri Kalraj Mishra in our endeavour to face and overcome the challenges.

Since beginning, we have been working in the tribal and remote area of Sonbhadra District imparting education to the poor. At the beginning, the school was running in open air, now we have our own school building with classrooms with ceiling fans, computer room and toilets etc. More facilities are in our planning this year. We are thankful to Morning Light of Switzerland for their generous support. At Delhi, we are running a special school for mentally challenged children and children with multiple disabilities.

As always, in this process, we adhere to a planned effort with regular monitoring & evaluating as well as proper documentation of the process & programme, so as to come up to peoples expectation and to overcome existing deficiencies.

I take this opportunity to express my gratitude and thanks to all our friends, colleagues & well wishers for their tireless support and enthusiastic encouragement.

A handwritten signature in blue ink, appearing to read 'Vidya Sagar Pandey', written over a light blue circular stamp.

Dr. Vidya Sagar Pandey
(General Secretary)

SANJEEVANI SOCIAL WELFARE SOCIETY

Sanjeevani Social Welfare Society is a palliative care initiative & is a registered non- governmental, non- profit organization which has systemic and professional approach to ameliorate complications of Indian society. Since its inception in the year 2000, Sanjeevani Social Welfare Society has never looked back. It has been continuously working for the mentally and physically challenged children & also for the children with multiple disabilities. Simultaneously, it is also working for the welfare of women, education for the poor tribal children, vocational training programme for women, cancer awareness & treatment and many more activities both at Varanasi and New Delhi units.

Sanjeevani Social Welfare Society has three units:-

- 1) Sanjeevani Health Care Unit for Disabled Children at Mahashweta Hospital, opp. Dist. Jail. Varanasi.
- 2) Sanjeevani Bal Vidya Mandir at Suarsoat, Dist. Sonbhadra.U.P.
- 3) Aashirwad Special Education School For Mentally Challenged at Durga Park, Naseerpur, New Delhi.

Sanjeevani Health Care Unit for Disabled Children.

Situated in **Mahashweta Hospital**, Varanasi. It is a centre where free corrective surgery, physiotherapy and other medical services are being provided to the needy children.

The Unit provides all possible Surgical and Medical Services free to the poor and disabled children, by doing corrective surgery for Congenital Deformity. It also provides Physiotherapy, Yoga therapy & Music Therapy as well as Counselling to the parents of the children. Medical help is given to them till they are fully recovered. If required Callipers are also provided to them free of cost. There is a separate **Special Disability Ward** for disabled children in the hospital. Ambulance service is provided round the clock (24 x 7) for the disabled children and other poor people.

Around 400 corrective operations have been done by Sanjeevani Health Care Unit so far and the programme is going on continuously.

Physiotherapy is regularly provided to those children who are operated here and also to those children who don't need operation, but can get improvement after physiotherapy. At the moment more than 60 children are availing benefit from our physiotherapy centre.

Yoga and Music Therapy is provided regularly to these challenged children. It has been seen that these therapies have quite positive response on them. The rate of recovery is faster with these therapies. Children enjoy playing musical instruments.

History of Changing Lives of Special Children

Following are the illustrations of activities of **Sanjeevani Health Care Unit, Varanasi**. There are few photographs of children with their names, among so many other benefited children, who were operated upon and have recovered fully now. Their life has totally changed today; they live like a normal child, go to school and do other normal activities. All the operations were done totally free of cost.



Jayant Kumar, Parvez Alam & Pradeep Kumar, among many others, all belong to very poor family of daily wages labourer. They all have congenital disability of one or both legs. Sanjeevani contacted their parents and counselled & convinced them for the corrective surgery. After the operation, they had to attend physiotherapy classes regularly. These operations have proved to bring about a big change in their lives. Now they are no more disabled. They can walk properly & are leading a normal life, free from any discrimination.

Camp at Deoria for Physically Challenged (Divyang) Children

A camp was organised at Dist: - Deoria for screening of physically challenged children. Hon'able Cabinet Minister Sri Kalraj Mishra along with other dignitaries attended and inaugurated the camp. It was a very successful camp. National Small Industries Corporation helped in the endeavour of **Sanjeevani Social Welfare Society** to carry out the corrective operation of the physically challenged children at **Sanjeevani Health Care Unit**. There was a large gathering of people, who listened to the minister's deliberation. Sri Kalraj Mishra himself interacted with the physically challenged children and their guardians. Seven other camps were organised at different places of Deoria District.



Hon'able Minister Inaugurating Deoria Camp by lighting the lamp

The vision of our Honourable Prime Minister, who has so much respect and honour for Divyang Jan is being put into reality by **Sanjeevani Social Welfare Society**, Varanasi, by doing corrective surgery of Divyang so that they can become self- reliant, free from any discrimination and join the mainstream.



Chief Guest - Hon'able Minister, Sri Kalraj Mishra is being honoured



Hon'able Minister was so overwhelmed that he could not resist himself from going into the crowd to talk to the Divyang Jan and their parents and to know about their present situation.

The camps were organised to screen the disabled children, in large number, for corrective operation followed by Physiotherapy for faster recovery.

It was a great endeavour of Sanjeevani Social Welfare Society to organise such camps for the benefit of the poor marginalised people, in this process we did 60 corrective surgeries this year.

Our Activities

Distribution of essential items to Poor Children

From time to time **Sanjeevani Social Welfare Society** organise camps in different villages for free distribution of essential items of daily use. Utility items like: - clothes for dress, toothpaste, shoes and stationeries etc are distributed. It was seen from their faces that the children were overjoyed to get the gift items. Prant Pracharak Sri Abhay Ji & Sri Jai Prakash Ji grace the occasion. These camps are very successful.



Sanjeevani Bal Vidya Mandir at Suarsoat, District – Sonebhadra.(UP)

Sanjeevani Bal Vidya Mandir, at village Nagwa was established with an objective to impart education to the poor and deprived tribal children, who are not in a position to go to school because of their poor economic condition. The school is situated at Suarsoat, the Naxalite affected area of Sonebhadra District of UP.

The prime objective of Vidya Mandir is to impart basic education to these underprivileged tribal children and motivate them to be competent enough to face the challenges in life and undertake new adventures and become responsible towards the society when they grow up.

- ❖ Sanjeevani Bal Vidya Mandir is situated in Naxalite affected jungle area of Sonebhadra District of UP for the education of tribal children.
- ❖ This is the only school in the vicinity of about 40 villages all around.
- ❖ Girls come regularly from a distance of 7- 8 Kms on bicycles or on foot. There is no facility of proper transportation/communication in that locality.
- ❖ Most of the children who study in this school do some other work on their farmland or help in cattle grazing in their free time. During peak farming season they are totally engaged in farming. Hence a proper approach and counselling is needed to make them understand the importance of education in life. There are around 300 students in the roll.
- ❖ Their poverty is evident from the fact that they are unable to pay a nominal fee. Many come to school without proper dress, shoes and books & stationeries .The school provides them with uniforms, shoes, stationary and books etc. from time to time.
- ❖ Since school building has been built, with the help of **Morning Light** of Switzerland, children now study in safety and comfort. Without any fear of bad weather. Computer classes are also being provided to improve their digital skill. Other basic amenities are in the planning of the following year, soon it will be available.
- ❖ During the journey of 4-5 years Sanjeevani Bal Vidya Mandir has gained its popularity and faith amongst the villagers and gradually more students are enrolling.





This is a real life story of the family of a poor tribal villager. Their poverty can be seen from the photographs. They solely depend on the jungle for the firewood to cook food. Today, Sanjeevani Bal Vidya Mandir is giving free education to three of their children.



Sanjeevani Social Welfare Society, Varanasi celebrated “**International Yoga Day**” on 21st June 2016. Yoga has been proved to be a better alternative to the modern medicine, which may cause ill effects on the body. But Yoga is safe and can be practised by all without any investment. It cures many diseased conditions and keeps the mind and body in a perfect balanced state. Physical as well as mental stress can be greatly reduced by Yoga regularly.



Celebrating International Yoga Day

From the ancient times, in India, Yoga is being practised with good results. We at Sanjeevani Social Welfare Society are continuously trying to improve the life of Divyang children by providing Yoga Therapy regularly. Yoga and meditation give complete exercise to mind, body and soul. During recent years the Government is also promoting Yoga and requesting people to adopt in daily life.

Cancer Awareness / Identification / Diagnosis / Recommendation / Counselling Camp

In India there are a large number of people suffering from oral cancer. The figures suggest about 26% suffer from Tobacco chewing and 14% from Smoking. As compared to international figures, India alone is accounted for 86% of total oral cancer patients worldwide. **Sanjeevani Social Welfare Society** organise camp for detection of cancer and counselling every year. Our endeavour is to organise camps more vividly, so that more and more people can be benefitted.

As many as 2500 people die every day due to tobacco related diseases in India. The incidence of cancer has increased in the recent times. Eastern part of India has more prevalence of oral cancer due to extensive tobacco chewing. Due to lack of awareness numbers of cancer patients are constantly increasing. Over 80% of the cancer patients are of oral cancer, which has led to a high mortality rate.

Aashirwad Special Education Centre For Mentally Challenged. New Delhi

Aashirwad means Blessing. ASEM New Delhi, is an upcoming institution that has travelled miles in the past few years through its committed and dedicated services for the under privileged and marginalized children to bring notable improvement in their lives. Thus, infusing in them the spirit of empowerment to understand human values and dignity.

About 125 children are getting exclusively designed special education through trained professionals. Aashirwad also provides various therapies like Physiotherapy & Occupational Therapy, Speech, Yoga, Dance and Music Therapy for these marginalized children.

Besides these the centre also celebrates all the important national holidays and festivals like International Yoga Day, World Disabled Day and Annual Sports Day etc.



Physiotherapy



Occupational Therapy



Yoga Therapy

Aashirwad Special Education Centre for Mentally Challenged is an institute that is effortful in the core activities like:-

1. Assisting and helping mentally challenged.
2. Helping the physically disabled through exercises and physiotherapy.
3. Working towards women empowerment.
4. Creating awareness on diseases like AIDS and HIV.
5. Helping the aged.
6. Creating awareness on life practices like – Family Planning, Road Safety, Yoga and Naturopathy.
7. To enable development through appropriate and need-based interventions.
8. Networking.



Speech Therapy



Vocational Training



Music Therapy



International Yoga Day

Aasirwad Special Educational School for Mentally Challenged has organized several campaigns, camps, seminars and vocational training programmes during the current year. Some of them are: -

1. Disability Awareness Programme.
2. Polio Awareness Programme.
3. Free Eye Check Up.
4. International Yoga Day Celebration.
5. Skill Development Awareness Programme.
6. World Mental Health Day Rally.
7. World Disabled Day.
8. Women's Day Celebration.

Besides this, all other important festivals as well as birthdays of National Leaders were also celebrated. We dream of a world where such mentally challenged and poor disabled children get respect and recognition.



Polio Awareness



World Mental Health Day



Skill Development Awareness

World Disabled Day Celebration

Aashirwad Special Education School, a unit of **Sanjeevani Social Welfare Society** celebrates every year International Disability Day, at New Delhi and Varanasi. It is one of the most important events, in order to build and develop good personalities of the marginalised children. It conducts many programmes and events on that day. This celebration helps children to feel their value in life and understand the world. On this day, children participate in various events like: - racing, wheel chair race, relay race, musical chair, bomb in the city and many other games & events. They even perform many activities like playing musical instrument, singing, dancing and quizzing etc.

All these activities help them to realise their self - potential and self – ability. This is one of the finest attempts to build an overall level of self- confidence in them. Through these activities, an expression of dedication, caring and involvement of the Sanjeevani towards these disabled and special children is passed in the Society. The children are honoured by giving Awards and Prizes in different category and consolation prize to all the participants. Sports Olympiad was also organised and children took active part in it.





Awareness and Sensitization Programme on Disability

A programme on Awareness and Sensitization on Disability was organized in January 2017 at Janakpuri, New Delhi. The programme was organized by Bharti College at its premises, which was presided over by the principal Dr Mukti Sanyal with speaker Dr. R C Shukla on invitation and small function organized by Aashirwad Special Education School students. The types of Disabilities, Challenges, Law for disability and Employment and Skill Development were among the topics which were discussed.

Accreditation & Support

Sanjeevani Social Welfare Society is proud and thankful to have the accreditation and support of:-

- Morning Light of Switzerland.
- National Small Industries Corporation.
- Ministry of Social Justice & Empowerment.
- State Bank of India.
- Government of Delhi.
- Glaxo Smith Kline Pharmaceuticals Limited.



Dedicated to MORNING LIGHT, Switzerland

Sanjeevani Social Welfare Society, Varanasi will always remain grateful and thankful to **MORNING LIGHT**, Switzerland, for their generous contribution and active support to the development of the school "Sanjeevani Bal Vidya Mandir", Sonebhadra, right from the days when the children would sit to study in the open air, whereas, today children study in its' own building with all basic amenities.

Moreover, our sincere gratitude to **Morning Light** also for their support in changing lives of Physically Disabled children (Divyang) through corrective surgery & physiotherapy at "Sanjeevani Health Care Unit", Varanasi.

We feel honored to pay our special thanks and gratitude to:-

Mr. E.Haberman. (Ex- President) He had visited Varanasi and Sonebhadra before last year and without his interest and cooperation we couldn't have achieved the goal of building the school in the remote forest area & rehabilitating the disabled children of Purvanchal UP.



We pay our sincere tribute to **Mr. Aneel Asnani**. As he is no more amongst us, but he is always in our heart & memory. His far sighted vision of developing a school for the education of poor Tribal children & rehabilitating the disabled has turned into reality now.

Mr. Moti Asnani (President) His continuous endeavor to support "Sanjeevani Social Welfare Society" in the development of School for the education of the poor Tribal children & rehabilitation of Disabled children have always given us strength to perform better. We value your patronage and appreciate your confidence in us.



We also extend our heartiest gratitude & thanks to **Mr. Stephan Britschgi**, (Vice-President) **Morning Light**. **Mr. Anil Kumar** (Coordinator) and all the members of **Morning Light**, Switzerland.



We would also like to pay our sincere thanks to:-



Shree Kalraj Mishra, [Ex-Cabinet Minister]. For his active support in the rehabilitation of the physically disabled (Divyang) children of Purvanchal U.P. He has great love & respect for the Divyang Jan and is very much concern and dedicated to the welfare of the disable children.



Smt. Stuti Narain Kacker, (IAS, Chairperson NCPCR). She is our respected advisor and mentor. Her able guidance has always benefitted the Society in delivering the welfare programmes of Disability either rehabilitation or education amongst the public.



Mr. V.P. Agarwal. [Ex- Chairman, Airport Authority of India]. His active cooperation is always there in our social activities for development and welfare of the Special children.



Mr. Ravindra Nath, (CMD, National Small Industries Corporation), For his kind support in our rehabilitation programme of the disabled children. His active involvement in all the programmes for welfare of Divyang has given us new direction to work.



Mr. A.K. Mittal, (Chairman, N.B.C.C) , For his commitment and guidance in all our developmental programmes at our New Delhi unit.

Along with **Mr. Santosh Kumar** (Controller of Accounts,CBDT), **Shree Radhey Mohan Tripathi Ji**, **Mr. Arvind Bhatnagar**, **Mr. Ujjwal Singh Sahani** , **Mr. Satish Jain** and all our **Patrons & well wisher** for their tireless & selfless support .

Hope to keep this wonderful association for many years to come.